

Do's and Don'ts for summer fashion

When the weather is hot, I think people sometimes forget the rules of fashion! Thereby I wanted to share my personal dos and don'ts for summer attire.

Do layer sheer clothing over camisoles, tank tops, slips and other garments!



Don't wear sheer clothing without anything under it. This is never a good look and people will wonder exactly what it is you're advertising!

Do wear white as a background for the colorful tops and accessories so prevalent this season.

Don't wear flip-flops for everything! While they are comfortable and fashionable too given the many styles available, I still believe that variety is the spice of life. So change up your casual footwear with espadrilles, cork soled wedges and pf flyers.



Do wear hats to provide protection from the sun as well as create a fashion statement.

Don't wear baseball hats with everything. They are strictly the realm of beach volleyball and other summer sports. Unless they're straw or some other unique fabric, keep them on the playing field where they belong.



Do wear short shorts if you have the legs for it.



Don't wear short shorts if you hang over, under or all of the above. No one wants an inadvertent peep show.

Do recycle some of your favorite t-shirts by making them into sleeveless tops that always look great with jeans, shorts or almost anything you might wear this summer.

Do find some good-looking sunglasses for protection and fashion too. I have around six or seven pairs and like to switch it up depending on what I'm wearing.



Don't wear your sunglasses while indoors unless they're on top of your head. Remember that just because stars do it, it doesn't make it right.

Do recycle some favorite jeans that are past their prime by rolling them into a wide cuff just at the knee or below. The "boyfriend" look is literally everywhere this summer.



Don't wear totally shredded t-shirts or jeans; it's a look that is better left to the attention seekers that forgot the '80s are over!

Do find a crisp, white, button down shirt in cotton, to layer over everything from swimsuits to tank tops and jeans. You might try tying it at the waist over a breezy skirt for a fresh take on an old favorite.



Do wear accessories that reflect the season. Chunky wood, shells and floral motifs work great in the summer with simple tops and dresses. Whether bracelets, necklaces or earrings, pile them on while you can get away with it this summer. In winter and fall it might just be too much.



Don't wear items that are too tight, too short or too transparent. Just because it's hot doesn't mean you should abandon the rules of good fashion.

Do find yourself some white jeans or Capri pants and wear them with absolutely everything from t-shirts to fancy blouses.

Don't wear anything that you wouldn't want your grandma to see you in! That means your bra top at the grocery store just doesn't cut it.

Do wear foundation garments with tube tops or anything else that may not have enough support for the fuller figured gal.

Don't forget to shop at your local Goodwill Retail Store & Donation Center for some of the items I've spoken about on my DO list, so you DON'T end up on the other list!

