

Amazing Wardrobe Essentials for Him and Her

Essential (adjective) 1. Necessary, an essential ingredient. 2. Basic, being the most basic element or feature of something or somebody.

Whenever we shop we must take into consideration whether the items of clothing we are looking at are essential to our wardrobe. Just what exactly determines whether they are or are not essential? Let's take a look at our work and lifestyle to get a better idea. For someone who works in an office setting, suiting components are definitely on the list. If you are in a more casual work environment, you may look at separates, like slacks, skirts, blouses, sweaters and jackets. It is crucial to make a list of essential and non essential items that we need in our wardrobes in order to make shopping more specific to our needs. We all have made the mistake of just buying to buy, but we can replace that with buying for purpose! The following list of essentials is a good place to start for anyone who seriously loves fashion!

For Her

- Crisp button front shirts
- Knee length a-line, or pencil skirts
- Turtle neck sweaters
- Jewel neck and V neck sweaters
- Black sheath dresses
- Wrap dresses
- Trench type coat
- Classic wool coat
- Leather coat
- Tailored blazer
- Tailored slacks in khaki, or wool
- Denim jeans and jacket
- Black pumps
- Ballet flats or any flats
- Low heeled mules
- Assortment of silk scarves
- Classic handbags in brown or black
- Clutch bag for evening looks

For Him

- Crisp button down shirts
- Tailored slacks in wool or blend, in grey or black
- Tailored sport coat in grey or black
- Trench type coat
- V neck sweaters
- Turtle neck sweaters
- Leather coat
- Khaki trousers
- Denim jeans and jacket
- Classic black belt/ brown belt
- Black oxford shoes
- Brown oxford shoes
- Messenger bag or briefcase
- Assortment of neckties

These are really the basics that we may build a wardrobe around. Once you have determined what your lifestyle and career require, it will be so easy to make your clothing really work for you. If you are in doubt as to your sizes, just remember that baggy just makes you look sloppy, and too tight makes you look uncomfortable. A relaxed fit is the best all around for men and women alike, not too big, and not too small. Try everything on and make sure to look at yourself from all angles. I have not included sportswear like t-shirts and trainers, because I think everyone already has those, and frankly they need the other items I've mentioned first! Make a list of items you could really use to perk up what you already have, and while you're looking at your wardrobe start making a pile to donate to your favorite charity! When shopping at the Goodwill stores keep the essentials front and foremost in your mind as you peruse the racks. Buying just to buy doesn't do your wardrobe or you any good!